

# Save 25% - 40%

When your doctor prescribes over-the-counter medicines

take care<sup>®</sup>  
by WageWorks

## Examples of over-the-counter medicines that **DO require** a doctor's prescription

- Acne treatments
- Allergy & sinus medicine
- Antacids
- Antibiotic ointment
- Aspirin or other pain relievers
- Asthma medicines or treatments
- Cold & flu medicines
- Cough drops & sore throat lozenges
- Cough syrup
- Diaper rash ointments & creams
- Eye drops
- Gastrointestinal medications
- Herbal & homeopathic medicines
- Laxatives
- Motion & nausea medicines
- Sleep aids
- Sunblock (SPF30 & above)
- Quit-smoking gums & patches

## Examples of over-the-counter medicines that **DO NOT require** a doctor's prescription

- Bandages & related items
- Birth control
- Blood pressure monitors
- Cholesterol test kits
- Condoms
- Contact lenses, cleaning solutions
- Crutches, canes, walkers
- Diabetic monitors, test kits, strips, etc.
- Eyeglasses
- Fertility monitors
- First aid kits
- Hearing aids & batteries
- Hot/cold compresses
- Incontinence supplies
- Insulin
- Magnetic therapy
- Monitors & test kits
- Pregnancy tests
- Reading glasses
- Thermometers



Go to [takecareWageWorks.com](https://www.takecareWageWorks.com) for additional details

# NEW IRS Requirement

## Over-the-Counter (OTC) Medicines Must be Prescribed



In March 2010 the Patient Protection and Affordable Care Act was signed into law.

As a result of this new Act, effective January 1, 2011, it is required that reimbursement for OTC medicines and drugs be accompanied by a physician's prescription in order to be reimbursed under Health Flexible Spending Accounts (FSAs), Health Reimbursement Arrangements (HRAs) and Health Savings Accounts (HSAs).

OTC drugs and medicines will continue to be eligible for reimbursement from these benefit plans as long as the reimbursement request is accompanied by a doctor's prescription.

As a general rule, any OTC drug or medicine that you take orally or topically will require a doctor's prescription. For example, cough medicines, pain relievers, acid controllers, and diaper-rash ointment will require a doctor's prescription.

NOTE: You can use the **take care**® Card to pay for OTC drugs and medicines only if a valid prescription is presented at the time of purchase, and the purchase is made at a pharmacy counter and dispensed as a prescription item.

To learn more and to view a list of common items that can and cannot be reimbursed without a doctor's prescription, go to **takecareWageWorks.com**, click on the "employee" tab, then click on the "NEW RULES Regarding Over-the-Counter drugs" link.

Go to [takecareWageWorks.com](http://takecareWageWorks.com) for additional details