

When you need care...

Start with

GiaSM



Helping you get the right care, right away!

Chronic issues, sudden symptoms, accidents or anxiety, questions and concerns...we all need care from time to time. But where should you turn first? **Start with GiaSM—included free with your health plan from MVP Health Care[®] (MVP)!**

Gia is your ultimate health care connection.

Available 24/7 by mobile app, phone, or web, Gia expertly assesses your health needs and quickly refers you to the right care. You can also use Gia's simple but powerful search tool, giving you helpful and relevant health information you can trust.

Gia saves you time and money.

Get instant advice about any health care concern, from home or anywhere. And, Gia will refer you to the care you need—MVP's FREE telemedicine services or, when necessary, in-person care from nearby doctors, specialists, labs, pharmacies, and more.

Gia is your connection to MVP's FREE telemedicine services.

Including:

- 24/7 Emergency Care and Urgent Care
- Mental Health and Psychiatry
- Primary Care
- Physical Therapy*
- And more

Ready to get started? See reverse for more details.



It's easy to get started with *Gia*SM

1. Download the free **Gia by MVP** app or visit **GoAskGia.com**.

The **Gia by MVP** app is available on the App Store® or on Google Play.™



2. Create an account.

If registering via the **Gia** app, launch the app, select *Create New Account*, and follow the prompts.

If registering via **GoAskGia.com**, complete the required fields, and follow the additional prompts.

Have your MVP Member ID card handy!



You'll be asked to provide basic information, such as your name and email, date of birth, and MVP Subscriber or Member ID. Once your health insurance information is verified, your account will be created.

3. Start with **Gia**.

Once you've created an account, simply choose how you want to connect.

- Use the **Gia by MVP** app
- Visit **GoAskGia.com**
- Call **1-877-GoAskGia** (1-877-462-7544)

It's just one more way that MVP is making health insurance more convenient, more supportive, and more personal for you.

*Available on Large Group and select ASO plans.

Telemedicine services from MVP Health Care are provided by UCM Digital Health, Amwell and Physera at no cost-share for members. (Plan exceptions may apply.) Members' direct or digital provider visits may be subject to co-pay/cost-share per plan.

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