

NECSD PK-8 IN SCHOOL OCTOBER MENU



5	6		7	8	9
o Breakfast:	o Breakfast:		'	o Breakfast:	9 Breakfast:
Whole Grain Cereal Bar				Whole Grain Cereal Bar	
	Whole Grain Blueberry Muffin	10			Whole Grain Blueberry Muffin
Applesauce		ŝ		Applesauce	
1% Milk	100% Juice	ō		1% Milk	100% Juice
	1% Milk	÷		1	1% Milk
Lunch:		locations		Lunch:	
Boneless Chicken Wings	Lunch:	ŏ		Boneless Chicken Wings	Lunch:
w/ a WG Dinner Roll	Grilled Cheese on Whole	-		w/ a WG Dinner Roll	Grilled Cheese on Whole
Baked Fries	Wheat Bread	dn		Baked Fries	Wheat Bread
Fresh Apple	Baked Fries	2		Fresh Apple	Baked Fries
Choice of Milk	Chilled Peaches	×		Choice of Milk	Chilled Peaches
1	Choice of Milk	pick			Choice of Milk
12	13		14	15	16
	Breakfast:	our remote meal	•••	Breakfast:	Breakfast:
Columbus Day	Cinnamon UBR	e		Cinnamon UBR	Whole Grain Banana
Columbus Eug	Applesauce	F		Applesauce	Bread
No School	1% Milk	a)		1% Milk	100% Juice
NU SCHOOL	1% IVIIIK	E		1% IVIIIK	100% Juice 1% Milk
	· · · ·	2		••	1% Milk
	Lunch:	2		Lunch:	
	Whole Grain Cheese	e		BBQ Chicken & Cheese	Lunch:
	Pizza Bagel	_		on a Whole Wheat Bun	Whole Grain Cheese
	Fresh Baby Carrots w/ Dip	3		Sweet Potato Fries	Pizza Bagel
1	Chilled Pears			Fresh Fruit	Fresh Baby Carrots w/ Dip
1	Choice of Milk	at		Choice of Milk	Chilled Pears
1	-	6		-	Choice of Milk
4					
19	20	 <u>e</u>	21	22	23
19 Breakfast:	20 Breakfast:	 ble	21	22 Breakfast:	23 Breakfast:
Breakfast:	Breakfast:	 lable	21	Breakfast:	Breakfast:
Breakfast: Low Fat Yogurt w/ Nut	Breakfast: Whole Grain Cereal Bowl	 ailable	21	Breakfast: Low Fat Yogurt w/ Nut	Breakfast: Whole Grain Cereal Bowl
Breakfast: Low Fat Yogurt w/ Nut Free Granola	Breakfast: Whole Grain Cereal Bowl Fresh Banana	 vailable	21	Breakfast: Low Fat Yogurt w/ Nut Free Granola	Breakfast: Whole Grain Cereal Bowl Fresh Banana
Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice	Breakfast: Whole Grain Cereal Bowl	 available	21	Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice	Breakfast: Whole Grain Cereal Bowl
Breakfast: Low Fat Yogurt w/ Nut Free Granola	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk		21	Breakfast: Low Fat Yogurt w/ Nut Free Granola	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk
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Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk Lunch:	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk Lunch: Beef & Cheese Nachos		21	Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk Lunch:	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk Lunch: Beef & Cheese Nachos
Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk Lunch: Golden Chicken Tenders	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk Lunch: Beef & Cheese Nachos Golden Corn	Meals available	21	Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk Lunch: Golden Chicken Tenders	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk Lunch: Beef & Cheese Nachos Golden Corn
Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk Lunch: Golden Chicken Tenders w/ a WG Dinner Roll	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk Lunch: Beef & Cheese Nachos Golden Corn Fresh Fruit		21	Breakfast: Low Fat Yogurt w/ Nut Free Granola 100% Juice 1% Milk Lunch: Golden Chicken Tenders w/ a WG Dinner Roll	Breakfast: Whole Grain Cereal Bowl Fresh Banana 1% Milk Lunch: Beef & Cheese Nachos Golden Corn Fresh Fruit
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Meal Kits are available for All Remote and Hybrid Learners + All children age 18 and under

EVERY WEDNESDAY at the following locations and times:

Gidney Ave: 11AM-1PM AND 3PM-5PM Vails Gate: 11AM-1PM AND 3PM-5PM

South Middle School: 11AM-12PM

HOH: 3PM-4PM

Meadow Hill: 3PM-5PM

Students do not have to be present. Pick up at the most convenient site for your family

NEWBURGH ENLARGED CITY SCHOOL DISTRICT