

Breakfast & Lunch Menu

Newburgh Free Academy West Campus

June 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
					<p>Featured Breakfast: WG Blueberry Muffin w/ Cheese Stick, Fresh Fruit, 100% Juice, Milk</p> <p>Lunch: Pizza Bar Choose 1: Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza</p> <p>Fresh Salad Tossed to Order: Add as many as you like: Romaine Salad Mix, Cucumbers, Tomatoes, Cabbage, Carrots, Snow Peas, Broccoli, Red Pepper Strips, Garbanzo Beans</p>
	<p>Featured Breakfast: Benefit Bar, Fresh Fruit, 100% Juice, Milk</p> <p>Lunch: Asian Flavor Station Choose 1 each: Grain: Asian Noodles, Veggie Fried Rice, Steamed Brown Rice Protein: Chicken Strips, Popcorn Shrimp, Beef Strips Sauce: Teriyaki, Sweet & Sour, Spicy Szechwan</p> <p>Add as many as you like: Veggies: Cabbage, Carrots, Snow Peas, Broccoli, Red Pepper Strips, Green Onions, Baby Corn, Edamame</p>	<p style="text-align: center;">Regents Exams</p>	<p>Featured Breakfast: Homemade Blueberry Muffin, Fresh Fruit, 100% Juice, Milk</p> <p>Lunch: Deli Bar Choose 1 each: Grain: Tortilla Wrap or Club Roll Meat: Golden Breaded Chicken, Hot & Spicy Chicken, Turkey, Ham Cheese: Mozzarella, Cheddar, American, Provolone, Swiss</p> <p>Add as many as you like: Shredded Lettuce, Cucumbers, Tomatoes, Onions, Olives, Jalapenos Sauces: Mayo, Mustard, Ranch, Honey Mustard, Oil & Vinegar</p> <p>Veggie Sides: Garbanzo Bean Salad Baked Tater Tots</p>	<p>Featured Breakfast: Sausage, Egg & Cheese on a WG Flatbread Round, Fresh Fruit, 100% Juice, Milk</p> <p>Lunch: Internship Day Grab & Go Choose 1: Ham & Cheese Wrap OR Peanut Butter & Jelly served with Carrot Sticks, Fresh Fruit & Milk OR Protein Box: Hard Boiled Egg, Cheese Stick, Peanut Butter, Whole Grain Pita, Apple Slices & Veggie Sticks OR Italian Combo Panini (If Remaining on site)</p> <p>Veggie Sides: Golden Corn Oven Baked Fries</p>	<p>Featured Breakfast: WG Banana Muffin w/ Cheese Stick, Fresh Fruit, 100% Juice, Milk</p> <p>Lunch: Pizza Bar Choose 1: Cheese Pizza Pepperoni Pizza Hawaiian Shrimp Pizza</p> <p>Fresh Salad Tossed to Order: Add as many as you like: Romaine Salad Mix, Cucumbers, Tomatoes, Cabbage, Carrots, Snow Peas, Broccoli, Red Pepper Strips, Garbanzo Beans</p>



June 2018

	11	12	13	14	15
	<p>Featured Breakfast: Chocolate Chip UBR , Fresh Fruit, 100% Juice, Milk</p> <p>Lunch: Potato Bar Choose 1 each: Potato: Mashed or Baked Grain: Flatbread Strips Protein: Chicken Strips, Beef Taco Meat, Shredded Pork, Seasoned Black Beans, Cheddar Cheese, Mozzarella Cheese Toppings: Steamed Broccoli, Gravy Fresh Salad Tossed to Order: Add as many as you like: Romaine Salad Mix, Cucumbers, Tomatoes, Cabbage, Carrots, Broccoli, Red Pepper Strips</p>				
	18	19	20	21	22

Regents Exams

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