



## Lunch Menu

Newburgh Free Academy Main & North Campuses

	Monday	Tuesday	Wednesday	Thursday	Friday
May 2018		1 F: Twisted Cheese Filled Breadsticks w/ Marinara Steamed Broccoli  P: Pizza	2 F: Buffalo Chicken & Cheese Panini Baked Oven Fries Steamed Green Beans  P: Chicken Parm Sub	3 F: Hot Ham & Cheese on a Pretzel Roll Baked Sweet Potato Wedges Fresh Cole Slaw  P: Stuffed Pizza Special	4 F: Chicken Parm Sliders on Garlic Rolls Baked Oven Fries Garbanzo Bean Salad  P: Pizza
	7 F: General Tso's Chicken & Broccoli Steamed Brown Rice Steamed Broccoli  P: Pizza	8 F: Chicken Gyro on a Whole Grain Pita Baked Confetti Fries Cucumber Dill Salad  P: Flatbread Pizza	9 F: Italian Combo Panini Baked Sweet Potato Wedges Steamed Green Beans  P: Chicken Parm Sub	10 F: Beef or Black Bean Nachos with Assorted Toppings Steamed Brown Rice Golden Corn  P: Stuffed Pizza Special	11 F: Homemade Meatballs on a Whole Wheat Club Roll Baked Confetti Fries Steamed Broccoli  P: Pizza
	14 F: Chicken Mashed Potato Bowl Mini Biscuit Golden Corn  P: Pizza	15 ½ Day No Lunch Served	16 F: Mozzarella Tomato Basil Panini Baked Oven Fries Steamed Broccoli  P: Chicken Parm Sub	17 F: Walking Chicken Enchilada Nachos Golden Corn  P: Stuffed Pizza Special	18 F: Baked Mozzarella Sticks w/ Marinara Whole Wheat Dinner Rolls Steamed Green Beans  P: Pizza
	21 F: Beef Burger Bar Baked Sweet Potato Fries Baked Vegetarian Beans Fresh Cole Slaw  P: Pizza	22 F: Roasted Chicken Leg Baked Macaroni & Cheese Steamed Broccoli  P: Flatbread Pizza	23 F: Turkey Bacon Cheddar Ranch Panini Baked Oven Fries Steamed Green Peas  P: Chicken Parm Sub	24 F: All Beef Hotdog w/ Assorted Toppings Baked Sweet Potato Fries Steamed Carrots  P: Stuffed Pizza Special	25 F: BBQ Chicken Sliders on Whole Wheat Rolls Baked Sweet Potato Wedges Garbanzo Bean Salad  P: Pizza
	28 Memorial Day No School	29 F: Shiracha Boneless Chicken Wings Whole Wheat Dinner Roll Whipped Potatoes Steamed Broccoli  P: Pizza	30 F: Buffalo Chicken & Cheese Panini Baked Oven Fries Steamed Green Beans  P: Chicken Parm Sub	31 F: NEW! Breaded Chicken Drumstick Baked Sweet Potato Wedges Fresh Cole Slaw  P: Stuffed Pizza Special	