



Lunch Menu

Newburgh Free Academy Main & North Campuses

June 2019	Monday	Tuesday	Wednesday	Thursday	Friday
	3 F: All Beef Hot Dog w/ Assorted Toppings Baked Fries Vegetarian Baked Beans Corn on the Cob P: Pizza	4 F: NEW! Breaded Fish Tacos w/ Rainbow Slaw Topping Baked Oven Fries Roasted Carrots P: Flatbread Pizza	5 F: Italian Combo Panini Baked Confetti Fries Steamed Green Beans P: Chicken Parm Sub	6 ½ Day No Lunch Served	7 F: Baked Mozzarella Sticks w/ Marinara Dipping Sauce Whole Wheat Dinner Roll Steamed Green Beans P: Pizza
	10 F: Beef Burger Bar Baked Confetti Fries Steamed Carrots P: Pizza	11 F: Oven Fried Chicken Drumstick Homemade Pasta Salad Corn on the Cob Fresh Watermelon Slices P: Flatbread Pizza	12 F: Mozzarella Tomato Basil Panini Baked Fries Steamed Green Beans P: Chicken Parm Sub	13 F: Beef or Black Bean Nachos with Assorted Toppings Steamed Brown Rice Golden Corn P: Stuffed Pizza Special	14 F: Twisted Cheese Filled Bread Sticks w/ Marinara Steamed Broccoli P: Pizza
	17 F: Chicken Mashed Potato Bowl Mini Biscuit Golden Corn P: Pizza	18 19 20 21 Regents Exams			
	24	25 Congratulations Class of 2019!!  2019	26	27	28

Additional Options Available:

Deli Bar (Daily) – Choice of Wraps and Breads with Choice of Protein and Toppings
 Salsa Bar (Mon, Wed, Fri) – Choice of Burrito, Rice Bowl, Tacos, or Salad with Choice of Protein and Toppings
 Asian Flavor Bar (Tues & Thurs) – Choice of Noodle Bowl, Rice Bowl, or Salad with Choice of Protein and Toppings
 Fresh Fruit & Vegetable Bar
 Choice of Milk: 1%, Nonfat Chocolate, or Nonfat Strawberry