

# NEWBURGH GOLDBACKS™

## NFA MAIN AND NORTH CAMPUS LUNCH MENU

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Ramen Noodle Bar! Choice of Protein, Veggies, and Sauces Served with a Veggie Egg Roll  P: Stuffed Pizza Special	2 Chicken Parm Sliders on Garlic Rolls Baked Sweet Potato Wedges Steamed Green Beans  P: Pizza
5 All White Meat Chicken Tenders Belgian Waffle Baked Sweet Potato Fries Steamed Carrot Coins  P: Pizza	6 NEW! Baked Potato Bar Choice of White or Sweet Potato Choice of Beef Taco Meat, Pulled Pork, Black Beans, Cheese, and Broccoli Whole Wheat Dinner Roll  P: Pizza	7 Italian Combo Panini Baked Fries Steamed Broccoli  P: Chicken Parm on a Roll	8 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins  P: Stuffed Pizza Special	9 Baked Mozzarella Sticks w/ Marinara Dipping Sauce Whole Wheat Dinner Roll Steamed Green Beans  P: Pizza
12 Chicken Mashed Potato Bowl Mini Biscuit Golden Corn  P: Pizza	13 Grilled Cheese on Whole Wheat Bread Baked Fries Tomato Soup Steamed Green Beans  P: Flatbread Pizza	14 Mozzarella Tomato Basil Panini Baked Fries Steamed Carrot Coins  P: Chicken Parm on a Roll	15 Breaded Chicken Drumstick Homemade Macaroni & Cheese Steamed Broccoli  P: Stuffed Pizza Special	16 Homemade Stromboli Bar! Choose from Buffalo Chicken, Chicken Broccoli Cheddar, or Pepperoni & Cheese Steamed Green Beans  P: Pizza
19 Siracha Boneless Wings Whole Wheat Dinner Roll Mashed Potatoes Steamed Green Beans  P: Pizza	20 Pulled Pork on a Hard Roll Baked Fries Baked Beans Golden Corn  P: Flatbread Pizza	21 Buffalo Chicken Panini Baked Fries Steamed Carrot Coins  P: Chicken Parm on a Roll	22 Chicken Wing Bar! Choice of BBQ, Teriyaki, or Buffalo Hot Wings Whole Wheat Garlic Bread Mashed Potatoes Steamed Broccoli  P: Stuffed Pizza Special	23 Golden Fish Sticks Whole Wheat Dinner Roll Baked Sweet Potato Wedges Homemade Coleslaw  P: Pizza

### Additional Options Available Daily:

Deli Bar Featuring Boar's Head Deli Meat – Choice of Wraps and Breads with Choice of Protein and Toppings

Salsa Bar – Choice of Burrito, Rice Bowl, Tacos, or Salad with Choice of Protein and Toppings

Fresh Fruit & Vegetable Bar

Choice of Milk: 1%, Nonfat Chocolate, or Nonfat Strawberry