

# NECSD Pre-K Breakfast & Lunch Menu

# JUNE 2023

			1	2
			<b>Breakfast:</b> WG Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Homemade Macaroni & Cheese Steamed Broccoli Fresh Fruit 1% Milk	<b>Breakfast:</b> WG Banana Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk  <b>Lunch:</b> Homemade Cheese Pizza Garbanzo Bean Salad Chilled Cinnamon Pears 1% Milk
5	6	7	8	9
<b>Breakfast:</b> Nut-Free Granola Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Golden Chicken Nuggets Whipped Sweet Potatoes Steamed Green Beans Fresh Fruit 1% Milk	<b>Breakfast:</b> WG French Toast Sticks Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Roasted Turkey & Gravy WG Mini Biscuit Mashed Potatoes Steamed Carrot Coins Fresh Fruit 1% Milk	<b>Breakfast:</b> WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Breaded Chicken Filet on a WG Bun Sweet Potato Fries Steamed Green Beans Fresh Fruit 1% Milk	<b>Breakfast:</b> Breakfast Chicken Filet on a WG Biscuit Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Beef & Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk	<b>Breakfast:</b> WG Apple Cinnamon Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce 1% Milk
12	13	14	15	16
<b>Breakfast:</b> Zee Zee's B-day Cake Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Golden Fish Sticks w/a Whole Wheat Roll Baked Sweet Potato Fries Chilled Mixed Fruit 1% Milk	<b>Breakfast:</b> WG Mini Waffles Fresh, Dried, or Canned Fruit 1% Milk  <b>BRUNCH for Lunch:</b> WG Cinnamon French Toast Sticks Turkey Sausage Patty Oven Roasted Potatoes Warm Strawberry Sauce 1% Milk	<b>Breakfast:</b> WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> All Beef Hotdog on a Whole Wheat Bun Corn on the Cob Fresh Watermelon Slices Frozen Juice Slushy 1% Milk	<b>Breakfast:</b> Cheerios Bowl Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk  <b>½ Day Lunch:</b> Turkey Pepperoni & Cheese Stuffed Sandwich Fresh Veggie Sticks Fresh Fruit 1% Milk	<b>Breakfast:</b> WG Blueberry Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Homemade Cheese Pizza Fresh Broccoli Salad Chilled Cinnamon Pears 1% Milk
19	20	21	22	23
Juneteenth  No School	<b>Breakfast:</b> Cinnamon UBR Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> Golden Chicken Tender w/ an Emoji Waffle Steamed Carrot Coins Fresh Fruit 1% Milk	<b>Breakfast:</b> Manager's Choice WG Bread Fresh, Dried, or Canned Fruit 1% Milk  <b>Lunch:</b> All Beef Cheeseburger Whole Wheat Bun Baked Fries Fresh Fruit 1% Milk	<b>Breakfast:</b> Manager's Choice WG Grahams Low fat Yogurt OR Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk  <b>½ Day Lunch:</b> Personal Pizza Round Fresh Veggie Sticks Chilled Applesauce Cup 1% Milk	<b>Breakfast:</b> Manager's Choice WG Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk

Meals are provided to all Pre-K Students at NO Cost!