

## NECSD K-8 Breakfast \& Lunch Menu

## JANUARY

2024

|  | Breakfast: <br> Cinnamon Toast Crunch Scooby-Doo Grahams 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Boneless Wings Whole Wheat Dinner Roll Baked Oven Fries Steamed Green Beans Choice of Milk | Breakfast: <br> WG Banana Bread 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Homemade Pepperoni \& Cheese French Bread Garlic Parmesan Zucchini White Bean Salad Choice of Milk | Breakfast: <br> Mini Confetti Pancakes 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> All Beef Hotdog on a Whole Wheat Roll Oven Baked Fries Steamed Carrot Coins Vegetarian Baked Beans Choice of Milk | Breakfast: <br> WG Blueberry Muffin Mozzarella Cheese Stick 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Homemade Cheese Pizza Tossed Romaine Salad Chocolate Hummus w/ Apple Slices Choice of Milk |
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| Breakfast: <br> Nut-Free Granola Low fat Yogurt 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Mini Chicken Corn Dogs Whole Wheat Dinner Roll Sweet Potato Waffle Fries Steamed Green Beans Choice of Milk | Breakfast: <br> Pancake Sausage on a Stick 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Twisted Cheese Filled Breadsticks w/ Marinara Steamed Broccoli Florets Chilled Applesauce Choice of Milk | Breakfast: <br> WG Blueberry Bread 100\% Juice/Fruit Choice of Milk <br> BRUNCH for Lunch: <br> Cinnamon French Toast Sticks w/ Warm Blueberry Sauce Chicken Sausage Patty Oven Roasted Potatoes Mini Yogurt Parfait Choice of Milk | Breakfast: <br> Breakfast Calzone 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Crunchy Beef Tacos w/ Assorted Toppings "Refried" Beans Steamed Brown Rice Steamed Corn Choice of Milk | Breakfast: <br> WG Mini Corn Loaf Mozzarella Cheese Stick $100 \%$ Juice 1\% Milk <br> Lunch: <br> Homemade Cheese Pizza Fresh Broccoli Salad Homemade Pear Crisp Choice of Milk |
| Martin Luther King Jr. Day <br> No School | Breakfast: <br> Cinnamon UBR 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Choice of Milk | Breakfast: <br> WG Pumpkin Bread 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Grilled Cheese on Whole Wheat Bread Homemade Lentil Soup Steamed Broccoli Choice of Milk | Breakfast: <br> Cinnamon French Toast <br> Sticks <br> 100\% Juice/Fruit <br> Choice of Milk <br> Lunch: <br> Chicken \& Veggie <br> Dumplings <br> Veggie "Fried" Rice <br> Steamed Broccoli <br> Choice of Milk | Breakfast: <br> WG Apple Cinnamon <br> Muffin <br> Mozzarella Cheese Stick <br> 100\% Juice/Fruit <br> Choice of Milk <br> Lunch: <br> Homemade Cheese Pizza <br> Fresh Spinach Salad <br> Chilled Peaches <br> Choice of Milk |
| Breakfast: <br> Zee Zee's B-day Cake Bar Low fat Yogurt 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Chicken Mashed Potato Bowl <br> WG Mini Biscuit Steamed Green Beans Choice of Milk | Breakfast: <br> Maple Belgian Waffle 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Breaded Fish Po'Boy Sandwich Baked Sweet Potato Fries Black Bean \& Corn Salad Choice of Milk | Breakfast: <br> WG Banana Bread 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Cheeseburger on a Whole <br>  <br> Tomato <br> Baked Fries <br> NYS Apples <br> Choice of Milk | Breakfast: <br> WG Bagel with Cream Cheese <br> 100\% Juice/Fruit <br> Choice of Milk <br> Lunch: <br> Beef or Black Bean <br> Nachos w/ Assorted <br> Toppings <br> Steamed Corn <br> Steamed Brown Rice <br> Choice of Milk | Breakfast: <br> WG Banana Muffin Mozzarella Cheese Stick 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Homemade Cheese Pizza <br> Fresh Cucumber Dill <br> Salad <br> Chilled Applesauce <br> Choice of Milk |
| Breakfast: <br> WG Emoji Grahams Low fat Yogurt 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Golden Chicken Filet on a Whole Wheat Roll Baked Oven Fries Steamed Carrot Coins Choice of Milk | Breakfast: <br> Pancake Sausage on a Stick 100\% Juice/Fruit Choice of Milk <br> Lunch: <br> Homemade Chicken Parmesan Stromboli Steamed Broccoli Florets Chilled Diced Pears Choice of Milk | Breakfast: <br> WG Blueberry Bread 100\% Juice/Fruit <br> Choice of Milk <br> Lunch: <br> Golden Breaded Chicken <br> Drumstick <br>  <br> Cheese <br> Steamed Broccoli <br> Choice of Milk |  |  |

