## NECSD K-8 Breakfast & Lunch Menu

JANUARY 2024

	2 Breakfast: Cinnamon Toast Crunch Scooby-Doo Grahams 100% Juice/Fruit Choice of Milk	3 Breakfast: WG Banana Bread 100% Juice/Fruit Choice of Milk	4 Breakfast: Mini Confetti Pancakes 100% Juice/Fruit Choice of Milk	5 Breakfast: WG Blueberry Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk
	Lunch: Boneless Wings Whole Wheat Dinner Roll Baked Oven Fries Steamed Green Beans Choice of Milk	Lunch: Homemade Pepperoni & Cheese French Bread Garlic Parmesan Zucchini White Bean Salad Choice of Milk	Lunch: All Beef Hotdog on a Whole Wheat Roll Oven Baked Fries Steamed Carrot Coins Vegetarian Baked Beans Choice of Milk	Lunch: Homemade Cheese Pizza Tossed Romaine Salad Chocolate Hummus w/ Apple Slices Choice of Milk
8 Breakfast: Nut-Free Granola Low fat Yogurt 100% Juice/Fruit Choice of Milk Lunch: Mini Chicken Corn Dogs	9 Breakfast: Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk Lunch: Twisted Cheese Filled	10 Breakfast: WG Blueberry Bread 100% Juice/Fruit Choice of Milk BRUNCH for Lunch: Cinnamon French Toast Sticks w/ Warm Blueberry Sauce	11 Breakfast: Breakfast Calzone 100% Juice/Fruit Choice of Milk Lunch: Crunchy Beef Tacos w/ Assorted Toppings	12 Breakfast: WG Mini Corn Loaf Mozzarella Cheese Stick 100% Juice 1% Milk Lunch: Homemade Cheese Pizza
Whole Wheat Dinner Roll Sweet Potato Waffle Fries Steamed Green Beans Choice of Milk	Breadsticks w/ Marinara Steamed Broccoli Florets Chilled Applesauce Choice of Milk	Chicken Sausage Patty Oven Roasted Potatoes Mini Yogurt Parfait Choice of Milk	"Refried" Beans Steamed Brown Rice Steamed Corn Choice of Milk	Fresh Broccoli Salad Homemade Pear Crisp Choice of Milk
15 Martin Luther King Jr. Day	16 Breakfast: Cinnamon UBR 100% Juice/Fruit Choice of Milk	17 Breakfast: WG Pumpkin Bread 100% Juice/Fruit Choice of Milk	18 Breakfast: Cinnamon French Toast Sticks 100% Juice/Fruit Choice of Milk	19 Breakfast: WG Apple Cinnamon Muffin Mozzarella Cheese Stick 100% Juice/Fruit
No School	Lunch: Golden Chicken Tenders w/ an Emoji Waffle Baked Fries Steamed Carrot Coins Choice of Milk	Lunch: Grilled Cheese on Whole Wheat Bread Homemade Lentil Soup Steamed Broccoli Choice of Milk	Lunch: Chicken & Veggie Dumplings Veggie "Fried" Rice Steamed Broccoli Choice of Milk	Choice of Milk Lunch: Homemade Cheese Pizza Fresh Spinach Salad Chilled Peaches Choice of Milk
22 Breakfast: Zee Zee's B-day Cake Bar Low fat Yogurt 100% Juice/Fruit Choice of Milk	23 Breakfast: Maple Belgian Waffle 100% Juice/Fruit Choice of Milk	24 Breakfast: WG Banana Bread 100% Juice/Fruit Choice of Milk Lunch:	25 Breakfast: WG Bagel with Cream Cheese 100% Juice/Fruit Choice of Milk	26 Breakfast: WG Banana Muffin Mozzarella Cheese Stick 100% Juice/Fruit Choice of Milk
Lunch: Chicken Mashed Potato Bowl WG Mini Biscuit Steamed Green Beans Choice of Milk	Lunch: Breaded Fish Po'Boy Sandwich Baked Sweet Potato Fries Black Bean & Corn Salad Choice of Milk	Cheeseburger on a Whole Wheat Roll w/ Lettuce & Tomato Baked Fries NYS Apples Choice of Milk	Lunch: Beef or Black Bean Nachos w/ Assorted Toppings Steamed Corn Steamed Brown Rice Choice of Milk	Lunch: Homemade Cheese Pizza Fresh Cucumber Dill Salad Chilled Applesauce Choice of Milk
29 Breakfast: WG Emoji Grahams Low fat Yogurt 100% Juice/Fruit Choice of Milk Lunch: Golden Chicken Filet on a Whole Wheat Roll Baked Oven Fries Steamed Carrot Coins Choice of Milk	30 Breakfast: Pancake Sausage on a Stick 100% Juice/Fruit Choice of Milk Lunch: Homemade Chicken Parmesan Stromboli Steamed Broccoli Florets Chilled Diced Pears Choice of Milk	31 Breakfast: WG Blueberry Bread 100% Juice/Fruit Choice of Milk Lunch: Golden Breaded Chicken Drumstick Homemade Mac & Cheese Steamed Broccoli Choice of Milk		

## Meals are provided to ALL Students at NO Cost!