



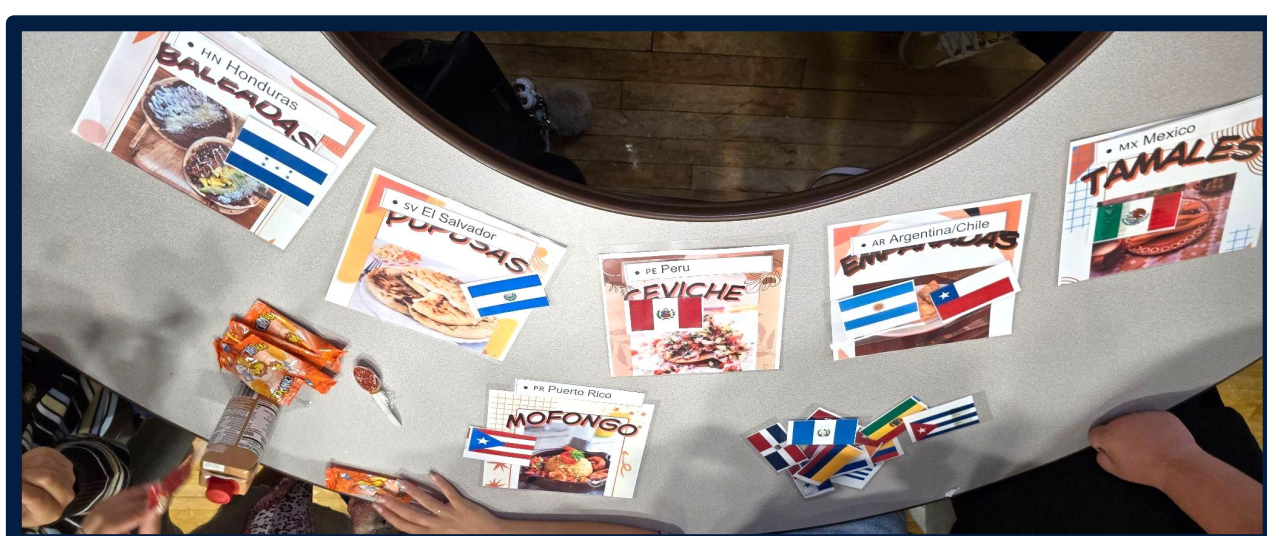
NEWBURGH FREE ACADEMY WEST CAMPUS NEWS LETTER

SEPTEMBER 2026



HISPANIC HERITAGE CELEBRATION

Senior, Alina Simon, led our celebration for Hispanic Heritage Month. Students were invited to walk in the parade carrying a flag to honor their culture. We had students representing Puerto Rico, Mexico, Honduras, Ecuador, the Dominican Republic, Peru, and many others. The Junior class advisories then led us in a pick-me-up where we had to match a special cultural dish from a country to its flag.



UPCOMING EVENTS



HOMECOMING SPIRIT WEEK

OCTOBER 19-23

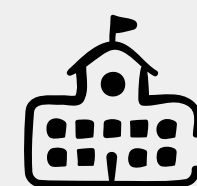
Spirit Week themes coming soon!



POWDER PUFF GAME

OCTOBER 20, 6:30

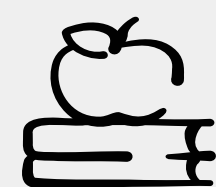
ACADEMY FIELD



FALL PEP RALLY

3:00, BOY'S GYM

Students admitted back into the building at 2:35 to get started on time. Team coaches will be notified by athletics, like in the past.



HOMECOMING GAME

OCTOBER 23

Newburgh vs. Kingston



HOMECOMING DANCE

OCTOBER 24

Homecoming Dance 5:30-8:30 in Boy's Gym



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COUNSELOR'S CORNER

A NEW SCHOOL YEAR, A FRESH START

Welcome back! Whether you're a freshman finding your way around a new school, a sophomore or junior settling into the year, or a senior beginning to think about life after high school, September is a great time to pause, reset, and think about what you want from the year ahead.

A FEW REMINDERS AS WE GET STARTED:

Take care of the basics.

Keep track of assignments, stay organized, attend regularly, and don't be afraid to ask for help. Small habits now can make a big difference later.

Ask for support when you need it.

As your school counselor, I'm here to help with academic planning, scheduling, college and career questions, and navigating the many decisions and challenges that come with high school. Our social worker is also available to support students with personal, social, and emotional concerns. You don't have to wait until a problem becomes overwhelming to reach out.

Set one goal for yourself.

It doesn't have to be a huge goal. Maybe it's improving a grade, getting involved in an activity, making a new connection, managing your time better, or simply feeling more confident at school. Choose something meaningful to you and take one step toward it.

You don't have to have it all figured out.

High school is a time to explore, make mistakes, discover your strengths, and grow. Your plans may change, and that's okay. What matters is continuing to learn about yourself and moving forward.

As we close out September, take a moment to ask yourself:

"What is one thing I can do this week that will make the rest of my school year a little better?"

Here's to a successful school year!

Mr. Joel
School Counselor
NFA WEST

11TH ANNUAL FALL JAM

Advisories competed in our 11th annual Fall Jam! We began with the pumpkin painting contest. Every advisory had an amazing pumpkin. Mr. Chris' advisory, Ms. Steph's advisory, and Mr. Russ' advisory took home 1st, 2nd, and 3rd in the competition. Advisories then participated in a cup relay and dodgeball. Mr. Russ' advisory, The Beagles, swept the dodgeball competition and took home the Fall Jam Trophy! To wrap up the day, advisories enjoyed ice cream and dancing.



FOR MORE INFORMATION ABOUT OUR SCHOOL PLEASE VISIT NEWBURGHSCHOOLS.ORG