

Cohort 2020 Team Presents:

# Resilience in the Face of Difficult Times

Join us for a conversation with

**Dr. Shawn Best**



University Director, CUNY Black Male Initiative at City University  
of New York

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*Re·sil·ience* (n) - The process of adapting well in the face of adversity, trauma  
threats, or significant sources of stress

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2020 has posed many challenges for students and families.  
Learn how to GROW through difficult seasons of life.



Live Stream Code: [Join the Livestream](#)

[https://stream.meet.google.com/stream/c7695091-49c8-4fd7-a4b9-f7fa  
e821f618](https://stream.meet.google.com/stream/c7695091-49c8-4fd7-a4b9-f7fae821f618)

**Student Program**-Wednesday, October 21, 2020

Period 3- 8:46am

**Parent Program**-Wednesday, October 21, 2020

5:00pm-5:45pm

Cohort 2020 Team Presents:

# Resiliencia frente a difíciles tiempos

Únase a nosotros para una conversación con el

**Dr. Shawn Best**



Director de la Universidad, CUNY Black Male Initiative en City  
University of New York

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*Re · sil · iencia* (n ) - El proceso de adaptarse bien frente a la adversidad, amenazas de trauma o fuentes importantes de estrés

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2020 ha planteado muchos desafíos para estudiantes y familias.  
Aprenda a CRECER en las épocas difíciles de la vida.



*transmisión en Código devivo:*  
*vivo [Únase a la transmisión en](https://stream.meet.google.com/stream/c7695091-49c8-4fd7-a4b9-f7fae821f618)*  
*<https://stream.meet.google.com/stream/c7695091-49c8-4fd7-a4b9-f7fae821f618>*

**Programa estudiantil** Miércoles el 21 de Octubre de 2020

Período 3- 8:46 am

**Programa para padres** -Miércoles 21 de Octubre de 2020

5:00 pm-5:45 pm