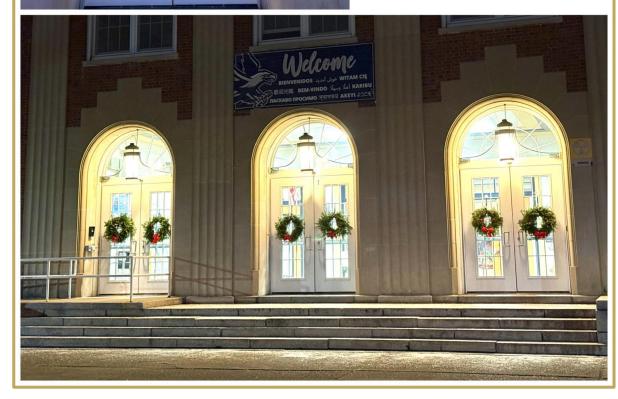
# NFA NORTH NEW STATES AND STATES A







# PRINCIPAL'S UPDATE

Dear NFA Families,

As we enter the holiday season, I want to take a moment to express my gratitude for your continued support and partnership.

This time of year brings an opportunity to pause, reflect, and appreciate the strength of our school community.

As we prepare for the winter break, we encourage our students to practice simple self-care habits that support their well-being.

A few reminders for our Goldbacks:

- Take time to rest and recharge
- Stay connected with friends, family, and supportive adults
- Set aside quiet moments for reading, creativity, or reflection
- Maintain healthy routines—sleep, nutrition, and screen-time balance all matter
- Practice Self-Reflection: What went well this fall? What goals feel right for the new year?
- Stay organized by setting small goals for break (finishing assignments, planning ahead)
- Reach out if you need help; caring adults are here to support you!

We hope the winter break offers your family meaningful time together and a chance to return refreshed for the new year of learning and growth.

Wishing you a joyful holiday season and a healthy, peaceful New Year!

# **UPCOMING EVENTS**

### NFA NORTH WINTER CONCERT

WEDNESDAY, DECEMBER 17TH

### HALF DAY FOR STUDENTS

**TUESDAY, DECEMBER 23RD** 

Students will be dismissed at 10:15 AM

### WINTER RECESS BREAK

**DECEMBER 24 - JANUARY 2** 

The district will be closed on Wednesday, December 24th through Friday, January 2nd. Students will return to school on Monday, January 5th







# PRINCIPAL'S UPDATE CONTINUED

Congratulations to all students' College Instant Admission & College Visits preparing for the future beyond Academy Field!

Mount St. Mary College, SUNY Dutchess, Dominican University, SUNY Polytechnic, SUNY Orange, University of Mount St. Vincent, CUNY Lehman College











### **SCHOOL NEWS**

## **SCHOOL NEWS**

The Polar Express
Friday, December 5th at 6:00 PM

The NFA Dance Department presents an all-dance production of The Polar Express on Friday,
December 5th, at 6:00 PM.

Join us for holiday fun as the dancers of the NFA
Dance Department bring this classic story to life on stage through movement and music!

A suggested donation of \$5.00 will be accepted at the door.

Seating is General Admission

### **NFA PTSG**

Continue to get involved
Reminder: NFA will be starting our first PTSG Parent, Teacher, Student Group. This group will
help support our students, faculty and staff
throughout the school year. Consider
volunteering! Please use the link to sign up.

**NFA PTSG** 

