## NEWBLREH COLDBACKS

NFA WEST CAMPUS LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Chicken Mashed Potato Bowl <br> Mini Biscuit <br> Golden Corn | $2$ <br> 1⁄2 Day <br> No Lunch Served | Chicken Wing Bar! <br> Choice of BBQ, Teriyaki, or Buffalo Hot Wings <br> Whole Wheat Garlic Bread <br> Mashed Potatoes <br> Steamed Carrot Coins | Buffalo Chicken Panini Baked Fries <br> Steamed Green Beans <br> Grab \& Go Sandwich Lunches available for Internships | Baked Mozzarella Sticks w/ Marinara Dipping Sauce <br> Whole Wheat Dinner Roll Steamed Broccoli |
| 8 <br> 1/2 Day <br> No Lunch Served | Burger Bar! <br> All Beef Burger w/ Assorted Toppings on a Whole Grain Roll <br> Baked Fries <br> Baked Beans <br> Corn on the Cob | $10$ <br> No School | Italian Combo Panini Baked Fries Steamed Broccoli <br> Grab \& Go Sandwich Lunches available for Internships | PIZZA BAR! <br> Assorted Pizza Slices <br> Steamed Broccoli |
| General Tso's Chicken \& Broccoli Steamed Brown Rice | Grilled Cheese on Whole Wheat Bread Baked Fries Lentil Soup Steamed Green Beans | Chicken Wing Bar! <br> Choice of BBQ, Teriyaki, or Buffalo Hot Wings <br> Whole Wheat Garlic Bread Mashed Potatoes Steamed Carrot Coins | Mozzarella Tomato Basil Panini <br> Baked Fries <br> Steamed Carrot Coins <br> Grab \& Go Sandwich Lunches available for Internships | 19 <br> Twisted Cheese Filled Breadsticks w/ Marinara Dipping Sauce <br> Steamed Green Beans |
| Chicken \& Vegetable Potstickers <br> Veggie "Fried" Rice Steamed Broccoli | All Beef Hotdog w/ Assorted Toppings <br> Baked Fries <br> Baked Beans <br> Steamed Carrot Coins | Homemade Beef Meatball Parm Sub <br> Baked Fries <br> Steamed Broccoli | Turkey Bacon Cheddar Ranch Panini Baked Fries <br> Steamed Carrot Coins <br> Grab \& Go Sandwich Lunches available for Internships | ½ Day <br> No Lunch Served |
| All White Meat Boneless Wings <br> Baked Fries <br> Dinner Roll <br> Steamed Carrot Coins | Salsa Bar! <br> Choice of Beef, Chicken, or Black Beans Choice of Nacho Chips, Rice Bowl, or Burrito Assorted Toppings Steamed Corn |  | Additional Optio <br> Deli Bar Featuring Boar's He and Breads with Choice <br> Choice of Milk: $1 \%$, No Stra | Available Daily: <br> Deli Meat - Choice of Wraps Protein and Toppings <br> t Chocolate, or Nonfat rry |

