

# NECSD Pre-K Breakfast & Lunch Menu

# APRIL 2024

<p><b>1</b></p> <p><b>Breakfast:</b> Cinnamon UBR 100% Juice/Fruit Choice of Milk</p> <p><b>Lunch:</b> Golden Chicken Nuggets w/ a Whole Wheat Dinner Roll Sweet Potato Fries Chilled Applesauce 1% Milk</p>	<p><b>2</b></p> <p><b>Breakfast:</b> WG Bagel w/Cream Cheese Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>½ Day Lunch:</b> Turkey Pepperoni &amp; Cheese Stuffed Sandwich Fresh Veggie Sticks Fresh Fruit 1% Milk</p>	<p><b>3</b></p> <p><b>Breakfast:</b> WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Pepperoni &amp; Cheese French Bread Pizza Steamed Broccoli Fresh Fruit 1% Milk</p>	<p><b>4</b></p> <p><b>Breakfast:</b> Chicken Sausage on a Biscuit Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Beef &amp; Cheese Nachos Steamed Corn Steamed Brown Rice Fresh Fruit 1% Milk</p>	<p><b>5</b></p> <p><b>Breakfast:</b> WG Blueberry Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Cucumber Dill Salad Chilled Applesauce 1% Milk</p>
<p><b>8</b></p> <p><b>Breakfast:</b> Nut-Free Granola Low Fat Yogurt Fresh Fruit 1% Milk</p> <p><b>½ Day Lunch: Bagel Kit</b> WG Bagel w/ Cream Cheese Low fat Yogurt Mozzarella Cheese Stick Carrot Sticks Craisins 1% Milk</p>	<p><b>9</b></p> <p><b>Breakfast:</b> WG Mini Maple Waffles Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Popcorn Chicken w/ a WG Mini Biscuit Mashed Potatoes Steamed Corn Fresh Fruit 1% Milk</p>	<p><b>10</b></p> <p>No School</p>	<p><b>11</b></p> <p><b>Breakfast:</b> WG Blueberry Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Turkey &amp; Cheese Sandwich Steamed Green Beans Fresh Fruit 1% Milk</p>	<p><b>12</b></p> <p><b>Breakfast:</b> WG Mini Corn Loaf Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Fresh Broccoli Salad Apple Slices 1% Milk</p>
<p><b>15</b></p> <p><b>Breakfast:</b> Zee Zee's B-day Cake Bar Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Golden Fish Sticks w/a Whole Wheat Roll Sweet Potato Fries Steamed Green Beans Chilled Pears 1% Milk</p>	<p><b>16</b></p> <p><b>Breakfast:</b> Mini Confetti Pancakes Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Grilled Cheese on Whole Wheat Bread Steamed Broccoli Chilled Peaches 1% Milk</p>	<p><b>17</b></p> <p><b>Breakfast:</b> WG Banana Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> All Beef Burger on a Whole Wheat Bun Golden Corn Fresh Fruit 1% Milk</p>	<p><b>18</b></p> <p><b>Breakfast:</b> Egg &amp; Cheese on an English Muffin Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Meat Sauce over WG Pasta Steamed Broccoli Fresh Fruit 1% Milk</p>	<p><b>19</b></p> <p><b>Breakfast:</b> WG Apple Cinnamon Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Cheese Pizza Fresh Spinach Salad Chilled Cinnamon Pears 1% Milk</p>
<p><b>22</b></p> <p><b>Breakfast:</b> Emoji Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Pizza Kit!! WG Flatbread w/ Marinara Sauce and Mozzarella Cheese Fresh Broccoli Florets Chilled Peaches 1% Milk</p>	<p><b>23</b></p> <p><b>Breakfast:</b> Cinnamon French Toast Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Twisted Cheese Filled Breadstick w/ Marinara Steamed Green Beans Fresh Fruit 1% Milk</p>	<p><b>24</b></p> <p><b>Breakfast:</b> WG Pumpkin Bread Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Homemade Macaroni &amp; Cheese Steamed Carrot Coins Chilled Diced Pears 1% Milk</p>	<p><b>25</b></p> <p><b>Breakfast:</b> Breakfast Calzone Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch: Bagel Kit</b> WG Bagel w/ Cream Cheese Low fat Yogurt Mozzarella Cheese Stick Carrot Sticks w/ Dip Fresh Fruit 1% Milk</p>	<p><b>26</b></p> <p><b>Breakfast:</b> WG Banana Muffin Mozzarella Cheese Stick Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> ½ Day Lunch: Personal Pizza Round Fresh Veggie Sticks Chilled Applesauce Cup 1% Milk</p>
<p><b>29</b></p> <p><b>Breakfast:</b> Zee Zee's B-day Cake Grahams Low fat Yogurt Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Lunch:</b> Golden Chicken Nuggets w/ a Whole Wheat Dinner Roll Sweet Potato Fries Chilled Applesauce 1% Milk</p>	<p><b>30</b></p> <p><b>Breakfast:</b> Maple Belgian Waffle Fresh, Dried, or Canned Fruit 1% Milk</p> <p><b>Brunch for Lunch:</b> Cinnamon French Toast Sticks Chicken Sausage Patty Oven Roasted Potatoes Warm Blueberries 1% Milk</p>			